

Zen of Embroidery Workshop Handout

Laura Bundesen

FriskyFurnishings.com

FriskyFurnishings@gmail.com

413-207-3086

FREE downloadable online stitch guide:

http://www.windflowerembroidery.com/UserFiles/File/windflower_embroidery_stitching_guide.pdf

Great tutorials:

<http://www.needlenthread.com/>

<http://www.needlework-tips-and-techniques.com/hand-embroidery-for-beginners.html>

<http://stitchinfingers.ning.com/page/tutorials-1>

<http://sublimestitching.com/>

<http://commonthread.us/discover/>

Supplies and more:

<http://www.dmc-usa.com/>

Joanns - Michaels

<https://www.etsy.com/shop/TheThreadGatherer> hand dyed specialty threads

Free Patterns

<http://www.thestitchsmith.co.nz/categories/free-patterns>

Book Recommendations:

The Embroidery Stitch Bible by Betty Barnden

Mary Thomas's Dictionary of Embroidery

A-Z of Embroidery Stitches

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